

Hiking S. Vicente / Santo Antão

NATURE AND ADVENTURE IN 7 NIGHTS



Cape Verde is an archipelago located off the coast of Senegal. being in a strategic point between 3 continents, the European, the African and the American. Thus, its roots also extend to these continents, whose influences are manifested in its historical and cultural heritage. S. Vicente is known as the island of culture and music. Mindelo is its capital, and also the city where we can find what is considered one of the most beautiful bays in the country. The architectural traces of the times of colonization are everywhere ... And the music echoes around every corner, with the voices of "saudade" evoking melancholic feelings of nostalgia. Santo Antão is the greenest of the islands and therefore, the one called the Cape Verde's garden. As we discover its hidden corners and places, we delight ourselves in a variety of contrasts and colours. Villages lost on hillsides, Valleys of exuberant beauty and above all, breathtaking landscapes, which surprise us every moment, is what we can expect on this charming island!

DAY 1 - ARRIVAL TO S. VICENTE

Mindelo.

Arrival to Cesaria Evora Airport.
Transfer to your hotel and welcoming briefing about your circuit.
Rest of the day free.



Hotel: Residencial Che Guevara ** (or similar)

DAY 2 - SANTO ANTÃO HIKE CORDA/COCULI

Porto Novo.

Departure from your hotel and transfer to the Mindelo's Harbour. Ferry trip to your next destination - Santo Antão Island. Arrival at Porto Novo and transfer through the famous Corda road to the starting point of your hike. Chance to make a few stops for photos in some of the main attractions of the island, such as Cova crater and other wonderful Viewpoints, Start of your hike which will lead you to a place where you will astonish yourselves with the beautiful views to terraced fields. A descent through the fields, to arrive at Coculi, a small village with a church with the biggest bell of the island. After the effort, we invite you to share a typical meal in a traditional restaurant, where colours and flavours will meet you. Difficulty Level 1 4,5 Km, 3h estimated, ascent 6m, descent 743m



Hotel: Pousada Green Places *** (or similar)

DAY 3 - SANTO ANTÃO HIKE PONTA DO SOL/FONTAÍNHAS/CRUZINHA

Ponta Do Sol.

We will start this hike in Ponta do Sol, and get through the narrow road of Fontainhas. There you will be able to discover several different crops leading you to Corvo "Selada", with panoramic views over Ponta de Sol and Corvo. Descent to Ribeira, with its water sources, toward Formiguinhas, a small village with views over the sea. Then, we will reach Aranhas, an abandoned village and later, we arrive at Ribeira Seca beach with its characteristic black and white sand, as well as its lava grottos, which will be the perfect place for a picnic. Follows a passage through Motcho beach. Finally, our journey ends in the picturesque Cruzinha fishing Village. Difficulty Level 2 13 Km, 5h estimated, ascent 1078m, descent 1014m



Hotel: Kasa d'Igreja Ecolodge charm

DAY 4 - SANTO ANTÃO HIKE CHÃ DE IGREJA BOCA DE AMBAS

Ribeira Grande.

Departure from your hotel and start of a new hike through the Mocho Valley and Garça region. You will enjoy a beautiful nature hike with terraced fields of sugar cane, corn and others. Beautiful landscapes await for you! Lunch or picnic included. Difficulty Level 2, 4h estimated, ascent 730m, descent 600m



Hotel: Pedracin Village *** (or similar)

DAY 5 - SANTO ANTÃO HIKE PAUL VALLEY

Ribeira Grande.

With this hike you will discover the exotic Paúl valley, the garden of Cabo Verde, as it is considered the greenest and most luxuriant valley of the country. The path goes from cottage to cottage, crossing vegetable crops (cabbage, tomato, corn, yam, beans) and tropical fruits or grains (banana, guava, sugar cane, coffee ...), combining meeting with locals, agriculture and botany. This is an opportunity to discover the local rural life: walking through mule trails, built by man at the feet of the "levadas" (irrigation canals) and terraced crops. Difficulty Level 2
7 Km, 4h estimated, ascent 550m, descent 700m



Hotel: Aldeia Jerome *** (or similar)

DAY 6 - SANTO ANTÃO HIKE ALTO MIRA/RIBEIRA DAS PATAS

Porto Novo.

This hike starts at Alto Mira, passing through Forquilha, where we will be able to delight ourselves with a double panoramic view over Alto Mira and Ribeira das Patas. Then, we descend toward Ribeira das Patas, mingle with the locals and have the chance to get to know their daily routine and their traditional way of carrying water. Lunch or picnic included. Difficulty Level 1 6,8 Km, 3h estimated, ascent 435m, descent 481m Later in the afternoon, you will return to the port to catch the ferry back to S. Vicente. Transfer to your hotel



Hotel: Residencial Che Guevara ** (or similar)

DAY 7 - S. VICENTE DISCOVERY DAY

Mindelo.

Today, you'll have the chance to discover the different scenarios of São Vicente, with its beautiful beaches and extinct volcanoes. We start with a walking tour of the cosmopolitan city of Mindelo, the capital; then visit Monte Verde for its panoramic view, Salamansa and its kitesurfing beach; Baía das Gatas, known for its music festival. and its natural pools (free time for swimming). We will also pass by Praia Grande, an incredible white sand beach and Calhau with its extinct volcanoes, from where we can see the island of Santa Luzia. We return to the city center by the Madeiral road. At night, we propose a farewell dinner with live music. You will enjoy a nice typical meal, with wine included. Later you will be surprised by the performance of a native singer, who accompanied by a guitar, will sing the best songs of this island, which is the island of music and culture!

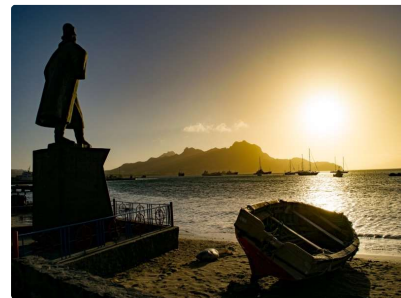


Hotel: Residencial Che Guevara ** (or similar)

DAY 8 - DEPARTURE

Mindelo.

It's now time to say goodbye to Cape Verde! Final transfer to the International Airport.



Hotel: None.

INCLUSIONS

- + Transfers in all islands
- + Ferry tickets (S. Vicente/Santo Antão/S. Vicente)
- + Hotels in BB (D1/D7) and HB (D2 to D6)
- + S. Vicente - 1 FD discovery tour with transfers; English speaker guide and lunch
- + Santo Antão - 5 hikes with transfers; English speaker guide and lunch
- + All meals except D1 and D8 (lunch and dinner)

EXCLUSIONS

- International Flights
- Drinks