

## Nature Explorer 11 Days

**Birdwatching - Wildlife Observation - Indian Culture - Caribbean Islands - Volcanos  
Panama City - The Canal - Canopy - Dolphinwatching - Snorkeling - Hiking**

**11 Days/10 Nights**

### **Day 1 – PTY Airport - Burbayar Nature Reserve**

Pick up from the Panama Airport PTY for the transfer to Burbayar Nature Reserve. The Burbayar bird list exceeds 300 species including specialties such as Sapayoa, Xenornis, Yellow-eared toucan, Rufous-winged and Sulphur-rumped tanagers and Plumbeous hawk. Depending on the arrival time a good birding session around the cabins can be expected. After dinner explore one of the inner trails in search of nocturnal species.

*Lodging at Burbayar,  
Meals: D*



### **Day 2 – Birding at Burbayar**

Awake to the raucous call of the Howler monkeys and after a cup of coffee head out to the trails. Today you will explore the trails surrounding the lodge. Return to have breakfast in the company of the resident hummingbirds. The feeders around the main house currently host 10 different species of hummingbirds. Continue birding the surroundings during the high sun. Lunch and rest before we start for some exceptional birding. After dinner explore one of the inner trails to search for nocturnal species.

*Lodging at Burbayar,  
Meals: B, L, D*



### **Day 3 – Burbayar - San Blas/Guna Yala**

Wake up before the crack of dawn and head to reserve's outer trails. This morning you will look for more representative species of the area. After lunch, we continue by car and boat to San Blas/Guna Yala. The Caribbean islands of stunning beauty. Our Cabin is located between Coconut trees and surrounded by white sand and crystal clear water on an uninhabited Island smaller than a football field called Birdub.

*Lodging at Birdub  
Meals: B, L, D*



### Day 4 – San Blas/Guna Yala - Panama City

Today we visit the villages of the Guna Indians to learn about their fascinating culture and way of life, and you have the chance to enjoy the beauty of the Island by swimming or snorkeling in the warm and crystal clear water. In the evening we drive to Panama City.

*Overnight at a Hotel in Panama City*

*Meals: B,L*



### Day 5 – Panama City and Canal Tour

This morning we will see the original ruins of Panama and the colonial city that replaced them in the 17th century. We will also visit the Museum of the Inter-Oceanic Canal that tells the story of the construction of the canal from start to finish. We take a break from touring for a lunch at Amador or Casco Antiguo. Our final stop but by far the most amazing will be at the Miraflores Locks where you will experience the operation of the Panama Canal firsthand. Return to your hotel in the late afternoon. Dinner by your own.



*Overnight at Hotel in Panama City.*

*Meals: B. L.*

### Day 6 – Panama City - Valle de Antón in the Crater of the Volcano

El Valle of Anton is located at the center of an extinct volcano; possibly the biggest in Central America. This valley is 600 meters above sea level with impressive panoramic views and a cool and pleasant climate. We will visit El Macho Waterfall and ancient petroglyphs. Then we continue hiking to the edge of the Crater to enjoy the spectacular view. After a Picnic we go to a zip line for a fantastic Canopy between the treetops of the jungle.



*Overnight at a hotel in the Valley of Anton.*

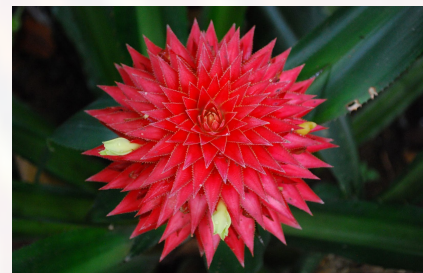
*Meals: B. L*

### Day 7– Valle de Anton - Boquete

Breakfast at the hotel and continue the trip towards the village of Boquete. We enjoy the afternoon of our vacation in the beautiful (and cooler) highlands; we visit a coffee plantation where award winning and internationally renowned coffee is produced.

*Overnight in Lodge in the village of Boquete*

*Meals: B*



## Day 8 – Baru Volcano National Park

Today we hike in a nature reserve that is part of the Baru Volcano National Park. We follow in the footsteps of the pre-Columbian Indians into a remote jungle that surrounds the Baru volcano. With more than 220 native bird species, including the hard-to-see quetzal, there are plenty of bird watching opportunities. During the hike, we also have many opportunities to spot mammals such as howler monkeys, capuchino monkeys, and two-toed sloths.

*Overnight in Lodge in the village of Boquete*  
*Meals: B,L*



## Day 9 – Boquete - Bocas del Toro

Breakfast at the hotel, followed by a crossing of a mountain range on our way to Bocas del Toro. This trip is a beautiful one, passing by mountains and breathtaking landscapes.. After this journey, they will arrive at Almirante, Here we will embark towards Colon Island in Bocas del Toro. We arrive at Bocas del Toro after a 40-minute boat ride. The remainder of the day is free.

*Overnight in a hotel in Bocas del Toro*  
*Meals: B.*



## Day 10 – Bocas del Toro

Depending on the weather and the season we visit by boat different locations inside the Isla Bastimentos National Marine Park. The park protects forests, mangroves, monkeys, sloths, caiman, crocodiles, and 28 species of amphibians and reptiles. Four species of sea turtles are nesting here from April through September. It is home to over 250 species of fish and marine mammals. We stop for snorkeling; wildlife observation or dolphin watching.

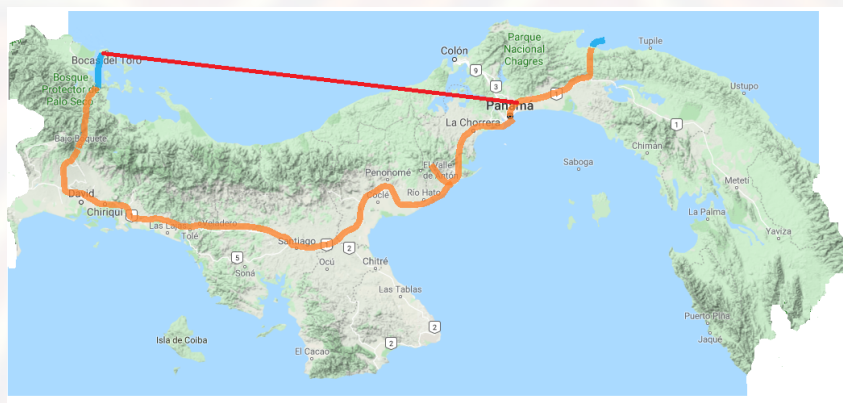
*Overnight in a hotel in Bocas del Toro*  
*Meals: B*



## Day 11 – Bocas del Toro - Airport PTY

Today we take the plane back to Panama City airport where our trip ends.

*Meals: B.*



**Car/Tourbus**  
**Boat**  
**Plane**



**For more detailed information referring to this tour please contact:**

**[admin@tripscouts-network.com](mailto:admin@tripscouts-network.com)**

**Calle 63 Oeste, Urbanizacion Los Angeles, Local 32, Panamá City  
— PANAMÁ — (+507 613 41 483 Tel+ whatsapp) +1 860 348 3883**

**[www.tripscouts-network.com](http://www.tripscouts-network.com)**