



MALTA UN CUT

Travel Emotions Events

Itinerary

Malta The Perfect Blend

# Malta...

When people hear about Malta many do not know what to imagine or expect – People usually know that the Knights of the Order of St. John are linked to Malta but not quite sure how. They may have heard that Napoleon was in Malta for a while, that St. Paul the Apostle was shipwrecked here, maybe even that the Phoenicians, the Romans, the Moors, amongst others had settled here, but no one is really sure what the attraction to this island was.... Why Malta?

Well – Malta primarily because it is strategically situated in the centre of the Mediterranean, at the crossroads between Europe and Africa; Malta because it is a naturally fortified island; Malta because the climate is mild; these were some of the reasons why many civilisations chose to settle in Malta. Today these factors are still valid reasons to visit, to which we can also add 7000 years of heritage, which is different and varied, a legacy left to us by all those who passed through the islands at some point and which today is quintessentially Maltese: this is what Malta is made of.

So Malta is an island...at least geographically-speaking...but behaves very differently to many others of its kind. Firstly, it is not a seasonal island: it 'works' all the year round which means that any period is a good one to visit! A former colony of the UK, it has been independent for just over 50 years and part of the EU (the smallest country) but what makes Malta stand out most is the contrasting scenery that one gets to see in such a small space (just 316 sq km). Being so small means that the programmes are more diverse with little time wastage as transfers are short. In just a few days you can experience a gamut of emotions having the deep blue sea, imposing cliffs, Palaces in Medieval Mdina, Fortifications in Majestic Valletta and picturesque Gozo. It truly feels like being transported from one age to another and this is largely what contributes to the element of surprise...coupled with sunshine and traditional Mediterranean cuisine... what's not to love?



# Overview – Malta The Perfect Blend

This activity-packed 7 day trip is the perfect blend of adventure and culture. Step away from the beaten track as you kayak along the islands' coast, discovering picturesque bays and awesome sea-caves, or rock climb the imposing cliffs with the Mediterranean sea and countryside as your backdrop. Learn the secrets of the Knights, their escapades and love affairs as you walk down Valletta's breezy streets, lined with churches and palaces. Take a tuk-tuk down the rural lanes of Gozo, and a buggy through the mystic-filled streets of Birgu and get a close-up, behind the scenes peek of the local way of life. This exciting trip offers all the ingredients to ensure that you get the right balance of adventure, culture and a sprinkling of adrenaline.



# Daily Itinerary

Day 1 – Arrival and Free time to Explore the Hotel and whereabouts

Day 2 – Valletta – Capital City

Day 3 – Kayaking Experience

Day 4 – Day at Leisure

Day 5 – Rock Climbing

Day 6 – Gozo Discovery by TUK TUK

Day 7 – 3 Cities by Electric Vehicle

Day 8 – Departures



# Day 1 – Welcome to Malta

Arrival at Malta International Airport where your chauffeur will be awaiting you. You will be taken by private transfer to the Urban Valley Resort. Upon arrival you will check-in and have free time to explore the hotel facilities and time to relax.

## **Urban Valley Resort 4\***

Set in San Ġwann, Urban Valley Resort enjoys a quiet location just a 15-minute drive from Valletta. The property features 2 outdoor swimming pools and a tennis court. Dining options include 2 restaurants and bars. Free high-speed WiFi is available throughout. The Urban Valley offers rooms and suites. All units are equipped with a flat-screen TV, coffee/tea making facilities, and minibar. The private bathroom is fitted with a shower, with free toiletries and a hairdryer provided for your convenience. A buffet breakfast is available each morning at the property. A complimentary shuttle service to Sliema is at guests' disposal at scheduled times.



# Day 2 – Valletta *The Capital*

## **Valletta ‘Sex n’ The City’**

Loved, admired, envied, sometimes feared, often persecuted: Courtesans and prostitutes, the forgotten protagonists of Valletta epic! Their life was exceptional; through luxuries and miseries, these ladies sold themselves out of necessity, for want of freedom, for ambition or out of pure chance...Valletta was den of iniquity, crawling with corruption, and seething with scandal and syphilis. Join us on this walk taking us to the doorsteps of some of the houses of prominent women once patronised by rich, prominent and powerful Knights.

Discover the beautiful Hidden corners of Valletta, and learn about the life of these woman, perpetually poised between charm and squalor. Join us on this tour of the city where complex crowded joint household systems once prevailed in narrow streets that turned dark and dangerous in the night-time. These sprawl and squalor fringe areas were home to some single never married, not-yet married women and widows who moved into the urban boundaries of Valletta armed with little else than will to change their lives.

**Tour:** [Private](#)

**Duration:** [3-4 hrs](#)

**Meals included:** [Breakfast \(hotel\)](#)

**Entrance tickets:** [St. John’s Cathedral](#)



# Day 3 – Kayaking

## Kayaking

Discover the amazing coastline of Malta by embarking on a private Kayak adventure taking you around the fascinating cliffs, gliding under natural arches and into several caves. Our experienced guide will take you to the perfect location that suits your experience.

Tour: [Private](#)

Duration: [3 hrs](#)

Meals included: [Breakfast \(hotel\)](#)

Entrance tickets: [N/A](#)



# Day 4 – Day @ Leisure





# Day 4 – Rock Climbing

## Rock Climbing!

In Malta there are amazing backdrops of choice whether it is inland valley crags that were glacier cut in the previous ice ages resulting in dramatic steep sides, quiet and off-the-beaten-track locations to climb. Also, being surrounded by sea, there are many sea cliff locations for the exposed routes that offer spectacular views across the sea. Bouldering, DWS, SLT are also popular.

It does not matter if you are a complete beginner, we will always find the perfect level of difficulty to suit you and make sure you finish satisfied.

**Tour:** [Private](#)  
**Duration:** [3hrs](#)  
**Meals included:** [Breakfast \(hotel\)](#)  
**Entrance tickets:** [None](#)



# Day 5 – Discover the island of Gozo

## Gozo Discovery

Gozo meaning "joy" in Castilian is the **second largest Island** of the Maltese archipelago, with a population of approximately 30,000.

Though separated from mainland Malta by a mere 5km stretch of sea, Gozo is distinctly different from Malta. The Island is a third the size of Malta, more rural and tranquil. Its culture and way of life are **rooted in tradition** and yet open to the present.

Exuding a relaxed pace of life, Gozo is the ideal secluded haven and at just 25 minutes or so by **ferry** from Malta, the hop can easily be made for even the shortest stay.

You will be transported to the north of the island and take the ferry to Gozo. Upon arrival at the Mgarr port, you will be greeted by your TUK TUK driver/ Gozo expert for a full day discovery of Gozo's hidden gems.

A snack lunch stop is also included with local Gozitan tastes and flavours.

Tour: [Shared \(max 6 people\)](#)

Duration: [8 hrs](#)

Meals included: [Breakfast \(hotel\) / Snack Lunch](#)

Entrance tickets: [None](#)



# Day 6 – The 3 Cities

## Around and about The 3 Cities in Electric Vehicle

The 3 Cities offer an intriguing insight into Malta and its history. Left largely unvisited, these cities area slice of authentic life as well as a glimpse into Malta's maritime fortunes.

The Three Cities can rightly claim to be the cradle of Maltese history, as **Vittoriosa**, **Senglea** and **Cospicua** have provided a **home and fortress** to almost every people who settled on the Islands.

To add to the adventure and discovery, this time round, you will drive little electric powered cars, which are very easy to drive, complete with pre-programmed GPS showing you where to go, and what to look at. With this experience you get all of the knowledge of a tour guide, but with the freedom to park up, get out, and explore whenever you want to. You will be able to see 3 of the richest historical cities in Malta, discovering incredible areas you just couldn't manage in a whole day on foot.

**Tour:** [Private](#)

**Duration:** [3hrs](#)

**Meals included:** [Breakfast \(hotel\)](#)

**Entrance tickets:** [None](#)



# Day 8 – Departures

You will be assisted for your departures by our chauffeur who will drive you in a private transfer from the Hotel to Malta International Airport.



# Inclusions

## Inclusions

- 7 nights at Urban Valley Resort (standard rooms) on BB basis
- Meals as per itinerary
- Services of an experienced English speaking guide on excursions
- Transfers for the booked tours on itinerary.
- All activities and experiences mentioned in the itinerary

## Exclusions

- Flights
- Travel insurance
- Meals not mentioned in the inclusions
- Gratuities

**Terms and conditions apply**



# Booking Information

All our hotels and guest houses are hand-selected based on their quality, customer care and local character. We work closely with all our hotel partners to ensure our guests experience the very best during their stay with us in Malta.

The itinerary above is available all year round however accommodation and activities are however subject to availability at the time of booking. Please also note that June, July, August and September are busy periods and therefore early booking is essential to facilitate this itinerary.

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