

Deluxe Wine & Gastronomy tour Itinerary

8 days / 7 nights

Day 1 – Arrive Lisbon, meet & greet at Lisbon airport and transfer to the hotel.

The rest of the day is at leisure to relax or enjoy the hotel facilities. This evening welcome briefing over drinks before dinner at your Hotel.

Before going for dinner in a Fado House restaurant enjoy a Welcome wine tasting in **Bairro Alto**. Dinner in Fado House restaurant **Overnight in Lisbon -4 star or boutique Hotel -or similar**

Day 2 – Lisbon – after breakfast departure for a day visiting Lisbon.



Visit the town of Lisbon starting by Edward 7th Park, Liberty Avenue, Belem Quarter, from which the Portuguese Caravels sailed off to the epic maritime discoveries. Once at Belem, visit two of Lisbon's jewels and symbols - The church of Jerónimos Monastery and The Tower of Belem - whose origins date back to the 16th Century, both considered World Heritage by UNESCO, and represent the most luxurious and prestigious times of the Portuguese Monarchy.

Before leaving Belem, a visit to the "**Pasteis de Belém**" - Pastry Shop to taste the delicious and traditional "Pastel de Nata", served warm with sugar and cinnamon on top.

Lunch in town by in one of our best fresh fish restaurants by the Docs overlooking the River Tejo.

After lunch, you'll be ready to stretch your legs, your guide will take you on a fascinating **walking tour**. You'll see the authentic Alfama quarter, the Moorish Saint George Castle and take in the impressive views over the sea from the top.

Dinner in your own.

Overnight in Lisbon - 4 star or boutique hotel – or similar



Portugal Travel Team

Lisbon Office: Rua Damasceno Monteiro, 39 A - 1170-110 Lisboa - Portugal • Tel: +351 218 161 600 • Fax: +351 218 161 609
ptt.lisbon@portugal-travelteam.pt

Algarve Office: Ed. Encosta das Figuras, Lote 33-A, Loja C 8005-541 Faro - Portugal • Tel: +351 289 870 550 • Fax: +351 289 865 617
ptt.faro@portugal-travelteam.pt

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Day 3 - Lisboa/Evora



Today we depart with the luggage to Évora We will head south to Azeitão, in the Setúbal Peninsula coast near the Arrábida Mountain and national park, where you will be visiting and wine tasting at the famous José Maria da Fonseca wine Cellars www.jmf.pt - Founded in 1834 by José Maria da Fonseca, is the oldest Portuguese company producer of table wines and Moscatel. Its founder was responsible for numerous innovations in wine, such as the use of the plow, creating a higher bar between the strains in order to get more sun exposure, or the introduction of new varieties in the region, as the Castellan / Periquita.

In addition to the vineyards in the Setúbal peninsula, was acquired in 1986 the House Agricultural Jose Rosado Fernandes de Sousa, which is part of the estate of Monte da Ribeira, a property where the memory of winemaking tradition goes back to 1878. With this investment, José Maria da Fonseca fulfills the old dream of producing wine in Alentejo.



After the visit to JMF we will continue our journey, stopping for **lunch** at a local restaurant. After lunch drive toward Évora, located in the Alentejo region, a broad plain, dotted with quaint, white villages. Above each village stands a timeless Moorish castle. Arrive **Évora** and check-in at **the Hotel. Dinner** at a local restaurant to taste the regional specialties , accompanied by wines from this area.

Overnight in Evora -4 star or boutique hotel – or similar



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Day 4 - Evora / Reguengos de Monsaraz



After breakfast we depart to Reguengos to visit famous **Esporão Wine Estate vineyards**. www.esporao.com The tour will start by discovering the estate on a jeep tour of the vineyards, olive groves and the dam. Visitors can now also tour on Segways, which are silent and non-polluting. A further attraction is the Historical Centre (over 500 years old), where you can find the Esporão Tower, the Esporão Arch and the N. Sra. Dos Remédios Chapel.

Today we will take a **wine and gastronomy course** with the sommelier including lunch. **This program includes:** Jeep tour / visit to the wines cellars and wineries to understand the wine making process/ wine and food matching module: practical exercises to test the palate via various types of food and wine, creating various pairings/wine and gastronomy tasting menu accompanied by commentary and explanations from Herdade's team of Sommeliers in the "Galeria do Esporão Restaurant" tasting of the 4 HE extra-virgin olive oil at the beginning of the meal.



In the afternoon we drive throughout the region, on the way to the hotel we pass by the small white villages.

Arrive **Évora** – time for relax at your hotel.

For dinner we suggest one of the most prestigious and typical Restaurants of the city that works on protection and conservation of the Alentejo's Regional Cuisine.

Overnight in Evora -4 star or boutique hotels – or similar



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Day 5 – Evora / Fatima / Douro Valley



Depart in direction to Fátima, arrive Our Lady of Fátima Sanctuary, an altar of the Christian faith and site of world pilgrimage. There is also the Chapel of Apparitions with its portrayal of Our Lady of Fátima. Take the time also for the location of the Basilica with the tombs of the three witnesses, and the Church of the Holy Trinity, the fourth largest in the world by capacity. **Lunch in Fatima or nearby**

Our destination this afternoon is the Douro Valley, land of Port wine. This is definitively one of the most beautiful wine regions in the world. The region is characterized by the steep terraced vineyards that line the wide and winding Douro River, and the white and yellow hacienda style wineries (called “Quintas”) that punctuate the hillsides. The source of the Douro River is in Spain, 200 km from where it spills out into the Atlantic in Porto and the most beautiful part is certainly the Douro Valley in Northern Portugal. Main wine hubs on the river are Pinhão and Peso da Régua.



This is the land of Portugal’s finest wines where you will find mythical names for wine lovers like Quinta do Crasto, Quinta da Pacheca, Barca Velha, Napolos, Bomfin, Noval, Vesuvio, Quinta de la Rosa, Roriz, and Gaviosa. The spectacular vineyard terraces climb up on either side of the river like giant steps and the landscapes are extraordinary.

Dinner and Overnight in Douro Valley -4 star or boutique hotel – or similar



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Day 6 - Douro Valley

After breakfast we begin our "Quintas" " wine estates " we arrive Quinta da Pacheca for a **very special lunch!**

📍 *Wine Estate – Quinta da Pacheca*



📍 *Quinta da Pacheca*

One of the best known properties in the Douro region, it was the first to bottle wines under its own label. The Quinta da Pacheca is first mentioned in a document dated 17th April 1738, as being a property of D. Mariana Pacheca Pereira. Nowadays, the Quinta da Pacheca offers the opportunity of visiting one of the most ancient "quinta" of the area as well as the ancient cellars and wine press tanks where the good red wines "Quinta da Pacheca" are produced.



Quinta da Pacheca winery where you have a special treat in store- a private cooking class with the Portuguese mama followed by lunch and the EXCELLENT wines made at this premium wine estate. Taste their sexy dry white along with the Quinta da Pacheca DOC Douro Red, Tawny Port, LBV Port and Vintage Port. After this fantastic morning, you will enjoy a private Rabelo cruise on the Douro River. These are replica Vintage boats traditionally used to carry the wine down the river from Douro to the lodges in Oporto. **Return to Hotel** for dinner and overnight **-4 star or boutique hotel – or similar**



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Day 07 – Douro Valley / Oporto

After breakfast we depart to the city of Oporto and check in at your hotel for an overnight
Afternoon walking tour with a local guide



Continue along the pedestrian and commercial street of Porto, where the finest shops are.

Pass by the Elegant **Art Deco “Café Majestic”**– a remark in town! A place that cannot be missed! While there, take the chance to drink a Portuguese Espresso and taste their fabulous pastry.

Visit to the **Cathedral** and the **São Bento Railway Station** beautifully covered with blues and white tiles showing scenes of the daily life of people from the North of Portugal.

Continue downtown to the most characteristic and symbolic quarter in town – **the Ribeira Quarter**. Located by the River Douro, the Ribeira still transmits a bit of the old days flavour, with all the washing hanging on from the windows, narrow and labyrinth pathways and traditional houses made of granite.



Rabelo Cruise along the Douro



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Once at Ribeira Quarter, continue for a Rabelo cruise: - The cruise is with no doubt a unique moment and perspective of Porto, seen from its most important element - The River. It is in fact the river that transmits all the mystic atmosphere that one feel when walking on the streets of Porto. It is also from the river that one can enjoy the magnificent and unique view over the highlights of Porto, like the Tower of Clérigos, the Cathedral, the Stock Exchange (Palácio da Bolsa), the Old quarter of Ribeira, the D,Luis Bridge, and all the Porto Wine Cellars on the other bank.

Rabelo boat - wooden sailboats, one of the symbols of the city, once used to transport the famous Port wine from the Douro valley to the Wine cellars in Vila Nova de Gaia. The trip consists in a **1hour cruise**, through the waters of the Douro, passing under the bridges from the mouth of the river till the heart of the city - recognised by UNESCO -World Heritage.



Visit to the wine cellars in Vila Nova de Gaia as Port wine is the much celebrated Portuguese wine, which originates from the Alto Douro region and is transported down river to the south bank cellars, opposite to the city, to reach its stage of maturation.

**Dinner in a typical restaurant and overnight in Oporto
4 star or boutique hotel – or similar**

Day 08 - Porto - Transfer to the Oporto airport for flights home.



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