

LAOS ACTIVE

8 DAYS / 7 NIGHTS



I. HIGHLIGHTS

- Explore the UNESCO World Heritage site of Luang Prabang by bicycle, discovering ancient temples, panoramic views from Phu Si mountain, and the bustling Night Market.
- Trek to Kuang Si Waterfalls near Luang Prabang, immersing yourself in the natural beauty of Laos, swimming in crystal-clear pools, and visiting the Bear Rescue Center.
- Travel between Luang Prabang and Vang Vieng, and later from Vang Vieng to Vientiane, on Laos' new modern high-speed train line, enjoying scenic countryside views along the way.
- Embark on a thrilling kayaking journey along the Nam Song River in Vang Vieng, passing through rapids, exploring caves, and experiencing the stunning landscapes of the region.

II. TOUR PROGRAM

DAY 1

LUANG PRABANG BIKING CITY TOUR

Arrive in Luang Prabang, a UNESCO World Heritage site steeped in history as the former royal capital of Laos. Explore the city's enchanting streets by joining a half-day guided biking tour. Visit iconic landmarks like Wat Visoun, Wat Aham, and the stunning Wat Xieng Thong. Climb Phu Si Mountain for panoramic views of the city and the confluence of the Nam Khan and Mekong rivers. Complete your day with a stroll through the vibrant Night Market, offering an array of local handicrafts and culinary delights.

DAY 2

TREKKING TO KUANG SI WATERFALLS

Embark on an adventure from Luang Prabang to the picturesque Kuang Si Waterfalls. Start with a drive to Long Lao village and immerse yourself in the local culture. Trek through forested mountains, passing by fields and vegetable gardens, and explore a historic cave used as a bomb shelter during wartime. Relax by the crystal-clear waters of Kuang Si waterfall and visit the nearby bear sanctuary. Return to Luang Prabang in the afternoon.

DAY 3

COOKING CLASS – MEKONG SUNSET CRUISE

Begin your day with a visit to the local food market to select fresh ingredients for a cooking class. Learn to prepare traditional Lao dishes under the guidance of a skilled chef and enjoy your creations amidst lush gardens. In the evening, embark on a scenic sunset cruise along the Mekong River, taking in the tranquil beauty of Luang Prabang's surroundings.

DAY 4

LUANG PRABANG – VANG VIENG BY TRAIN

Experience Laos' modern high-speed train line as you journey from Luang Prabang to Vang Vieng in just one hour. Upon arrival, embark on a short but rewarding hike to the Namxay Viewpoint for breathtaking panoramic vistas. Explore the area's natural beauty and unique landscapes before settling in for the night.

These highlights showcase the rich cultural heritage, natural wonders, and adventurous experiences that await you on this unforgettable journey through Laos.

DAY 5

VANG VIENG – KAYAKING & CAVING

Venture from Vang Vieng to the Khmu village of Vieng Samay for an exhilarating kayaking adventure along the Nam Song River. Navigate through small rapids and explore Tham Nam Thaem Cave, emerging on the other side for stunning views of the Nam Kouang Valley. Enjoy a riverside picnic lunch at an organic farm before visiting Tham Non-Cave, home to a bat colony and the legendary "Magic Stone of Vang Vieng." Return to Vang Vieng in time for a picturesque sunset at Ban Sabai Riverside Bungalows.

DAY 6

VANG VIENG – VIENTIANE BY TRAIN

Embark on a scenic train journey from Vang Vieng to Vientiane, the capital city of Laos. Admire the picturesque countryside during the 50-minute ride and arrive in Vientiane for an exploration of its major attractions. Visit landmarks like Wat Sisaket, Wat Prakeo, Patuxai Victory Gate, and the iconic That Luang Stupa, which symbolize the country's Buddhist heritage.

DAY 7

ORCHID TREK

Set off on an orchid trek adventure, departing from Vientiane to the village of Ban Hatkhay. Trek through lush forests and along scenic paths to Pha Say, where you'll encounter an impressive 40-meter-high gorge and abundant orchids covering the rocks. Learn about medicinal plants and diverse plant families from knowledgeable guides. Enjoy a picnic lunch by the Tad Say waterfall before returning to Vientiane in the evening.

DAY 8

DEPARTURE

Savor your final moments in Laos with some leisure time before transferring to the airport for your departure flight. Reflect on your unforgettable journey through the cultural wonders and natural beauty of this enchanting country as you bid farewell to Laos.

— END OF SERVICES —

Tour extensions: pre-tour or post-tour extensions are available, which would include accommodation and private transfers, please speak to Focus Asia travel consultant for further details.
