

## A CULINARY VOYAGE

8 DAYS / 7 NIGHTS



### I. HIGHLIGHTS

- Experience the rich and diverse flavors of South Korean cuisine, from savory bibimbap to spicy kimchi, as you embark on a gastronomic journey across the country's vibrant cities and serene villages.
- Immerse yourself in South Korea's rich cultural heritage as you explore historical sites, traditional villages, and Buddhist temples, gaining insight into the country's traditions, customs, and way of life.
- Connect with locals as you visit their homes, participate in cooking classes, and engage in conversations over tea, gaining a deeper understanding of Korean culture and lifestyle from those who call it home.
- From bustling cityscapes to tranquil coastal vistas, experience the breathtaking beauty of South Korea's landscapes as you journey from Seoul to Busan, with opportunities to explore mountains, beaches, and historic landmarks along the way.

## II. ITINERARY

### DAY 1

## Seoul Arrival

Welcome to Seoul, where the pulse of South Korea beats strongest amidst a skyline of high-tech marvels and bustling streets. Upon arrival, your guide will be waiting at the airport, ready to whisk you away for a seamless transfer to your accommodation. After settling in, take the opportunity to immerse yourself in the city's vibrant energy and eclectic mix of tradition and modernity.

### DAY 2

## Jeonju Delights

Embark on a journey from Seoul to Jeonju, a city revered for its slow-paced lifestyle and culinary excellence. After a morning metro ride to Seoul Station, board a train bound for Jeonju, where time seems to move at a more leisurely pace. Indulge in a sumptuous lunch at a local noodle haven before delving into the historical Hanok Village, where centuries-old traditions come to life amidst cobblestone streets and traditional homes. Dive deeper into Korean cuisine with a hands-on kimchi-making class, followed by an option to sample the local makgeolli rice beer and savor the intricate flavors of this beloved beverage.

### DAY 3

## Exploring Jeonju

Transitioning from the charming hanok accommodations to a modern hotel, spend your second day in Jeonju at your own pace, exploring the village's hidden gems and historical treasures. Whether you choose to wander through the labyrinthine streets of the village or visit ancient shrines and palaces, the day is yours to shape. Journey to Sunchang Gochujang village for a tasting and demonstration of Korea's famous chili paste, followed by a hearty lunch of fermented bean soup. Explore the natural beauty of Mt Gangcheon and its surrounding areas before indulging in Jeonju's iconic bibimbap for dinner. Conclude the day with a refreshing craft beer, celebrating Korea's burgeoning brewing scene.

### DAY 4

## Temple Journey

Begin your day with a traditional breakfast before embarking on a scenic journey from the west coast to the east coast for a temple stay experience. Along the way, indulge in Korea's favorite driving snacks and immerse yourself in the serene lifestyle of a monk at the temple. Experience the simplicity of plant-based dining and engage in meditation practices before retiring for a peaceful night's sleep amidst the tranquil surroundings of the temple.

### DAY 5

## Coastal Discovery

Rise before the sun for a memorable morning meditation session, followed by a nourishing breakfast and insightful discussions on Korean Buddhism over tea with a resident monk. Explore the rich history of the Royal Tombs of Silla, a UNESCO World Heritage site, and sample fresh produce at a local apple farm. Delight your taste buds with a lunch of Eonyang-style bulgogi beef before visiting the breathtaking Haedong Temple built into the

seaside cliffs. After checking into your hotel in downtown Busan, take some time to explore the vibrant coastal city and its bustling markets.

#### DAY 6

### Local Immersion

Immerse yourself in the local culture of Busan as you are welcomed into the home of a resident to indulge in a feast of Korean favorites and engaging conversations. Explore a local supermarket to gain insight into modern Korean food culture before wandering through Jagalchi Market, the largest seafood market in Korea. Conclude your day with a seafood feast overlooking the ocean, savoring the flavors of Busan's coastal cuisine and perhaps venturing into the city's lively entertainment district to experience its vibrant nightlife.

#### DAY 7

### Seoul Exploration

Return to Seoul via the Korea Train Express, where you'll have a free afternoon to explore the city's iconic landmarks and eclectic neighborhoods. Whether you choose to wander through the historic grounds of Gyeongbok Palace, ascend Namsan Tower for panoramic views of the city, or immerse yourself in the vibrant atmosphere of Sinsadong and Gangnam, the day is yours to discover. Conclude your culinary journey with a traditional Korean BBQ feast in Hongdae, celebrating the rich flavors and cultural heritage of South Korea.

#### DAY 8

### Farewell to South Korea

Your South Korea Food Adventure draws to a close today, marking the end of an unforgettable journey filled with culinary delights and cultural discoveries. If you're reluctant to bid farewell to the charms of Seoul, consider extending your stay to further explore the city's hidden treasures and vibrant neighborhoods. Contact your booking agent for further information on extending your adventure in South Korea.

-END OF SERVICES-

**Tour extensions: pre-tour or post-tour extensions are available, which would include accommodation and private transfers, please speak to Focus Asia travel consultant for further details.**